

Beyond The Pavement, Learn to MTB with RINEMBA

Join the New England Mountain Bike Association for an exciting day of mountain biking as part of the 350th anniversary celebrations of North Kingstown! This event aims to introduce new and beginner riders to the world of mountain biking. With experienced instructors and a range of activities suitable for all ages, genders, and abilities, there's something for everyone to enjoy.

Date and time:

May 18th, 2024 - 9AM

Location:

Ryan Park

661 Oak Hill Road

North Kingstown, RI 02852

Cost:

- *\$10 North Kingstown Resident or NEMBA member*
- *\$15 Non-resident, non-member*

Participant cap/limit: 75 total

Event Categories: *Please select in Registration.*

- Instructional - Women's /Gender inclusive intro to MTB (limit 15 participants)
- Instructional - 50+ intro to MTB (limit 15 participants)
- Instructional - Families and kids (Mountain Munchkins) (limit 15 pairs of adult and child)
- Instructional - Open intro to MTB. All Welcome (limit 15 participants)
- Just Ride – No instruction just trails and expo access (no limit)

Event Category Descriptions:

Instructional - Women's /Gender inclusive intro to MTB (limit 15 participants)-A supportive space led by female instructors for women and gender-fluid individuals.

Instructional - 50+ intro to MTB (limit 15 participants) - Specifically tailored for riders over 50, celebrating experience and enthusiasm.

Instructional - Families and kids (Mountain Munchkins) (limit 15 pairs of adult and child) - Share the joy of biking with your children. Each child must be accompanied by an adult, with a limit of 4 children per parent/guardian.

Instructional - Open intro to MTB. All Welcome (limit 15 participants)

Just Ride – For those who prefer hitting the trails without formal instruction (no group limit)

Event Features:

- *Demos: Witness demonstrations showcasing various mountain biking techniques and equipment.*
- *Short Clinics: Participate in informative clinics led by expert instructors, covering fundamental skills and safety tips.*
- *Group Rides: Embark on guided group rides through the scenic trails of Ryan Park, tailored to accommodate different experience levels. At each ride will be an overview on trail etiquette: passing, group rides, control speeds, respecting wildlife, leave no trace, etc.*
- *Lunch: Enjoy complimentary hot dogs and snacks provided by the VFW, offering a chance to refuel and socialize with fellow participants. Vegetarian options available.*

*Don't have a bike, or do you need a helmet? No problem, our friends at Recycle-A-Bike of Providence have lots of bikes available for use. **Please email rhodeisland@nemba.org by May 10th** and we'll do our best to get you on a bike.*

Onsite pre-registration is strongly encouraged. Please check in with us at the NEMBA registration tent upon arrival.